

#### Summer time is here, apparently!

It's a busy time of year on the farm. We've recently hosted a super Open Farm Sunday with over 350 visitors; new kid births to celebrate; the launch of our new Inspired to Grow project; and we welcome our new Director Hannah Asquith onto The Board. We would just like to take this opportunity to say a massive heartfelt thank you to all who volunteered for us at Open Farm Sunday, and those who help us day-in, day-out. We couldn't do it without you! Wendy & Duncan

#### Welcome Hannah

We're delighted to welcome Hannah Asquith who joins our team of Directors. Hannah tells us that if she hadn't spent her career fundraising for and raising awareness of local charities, she'd have been a farmer - so the opportunity to become a Director was one she couldn't pass by! Hannah is currently CEO at Youth Concern, a charity that supports vulnerable 13-25 year olds in Aylesbury Vale, which helps her appreciate the value of care farming. Her aspiration is for Countryways to move confidently into a financially secure future without losing the character we all know and love.



### Kidding around...

Our gorgeous care farm goats have just kidded! Blueberry had triplet girls (Biscuit, Bourbon & Oreo); Dot also had triplet girls, but one died and she has needed much encouragement to feed them. She will now stand still and even lets Strawberry's smallest kid take a top up. Strawberry had triplet boys. All are gorgeous!

Our goats are an integral part of our care farm, providing hours of opportunities for our farm helpers to tend to their needs; whether that is feed and water, cleaning them out, moving them to new areas to graze, or simply enjoying them frolicking in the fields.

## Help fund our new goat housing and enclosure

This summer we plan to invest in our goat housing and enclosure so that it is fit for purpose for our growing herd, and is more accessible for our care farm visitors. We need your help! The area will include climbing frames and play equipment, new shelters and an area for sitting. If you would like to support us and donate towards our 'Goat Palace', please scan the QR code which will take you to our donations page.



#### **CONTACT US ON:**

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#### **SOCIAL MEDIA LINKS:**

Facebook: <u>Road Farm Ramblings</u>
Instagram: <u>@countryways\_road farm</u>

Twitter: @roadfarmramblin

# Photos from the farm







#### **School Visits**

We've had many happy farm visits from local schools, even involving jam making and butterfly counts. We can offer a number of free school visits on all sorts of topics so please encourage schools you know to apply!

# We're excited to launch our new growing project 'Inspired to Grow'



Based in our polytunnel and orchard area, we are setting up a new community initiative, enabled due to the generous support from the Heart of Bucks Green Fund, targeted at young people and their families. Our mission is to inspire youngsters to grow diverse fruit and vegetables together, improving their own confidence and self esteem, health and wellbeing.

We hope Inspired to Growers will:

- Learn new skills and an understanding of alternative protein sources
- Improve their knowledge of soil health, nature and biodiversity
- Develop better habits for their own personal health
- Improve their physical health and wellbeing through interacting with nature
- Build personal confidence and self esteem through positive involvement with a community growing project

The project is in its early days, but we will be looking for participants aged 12-18 years old and volunteers to help us run the scheme. Please get in touch with Emily Reddy if you are interested and would like to find out more by email office.rfcountryways@gmail.com or visit www.roadfarmcountryways.com/inspired

#### Well I never!

24m deep; dates back at least several hundred years, was dug down by hand through various layers of chalk geology, with special hard chalk blocks lining the top few feet. The well now has a thick safety glass over it and a light to help see the interior. Water is a precious resource and we hope to encourage people to appreciate it.



#### **CONTACT US**

We would love to hear from you! Please keep in touch with us with your news, photos and stories. If you would like to find out more about what we do and how we can help or if you'd just like to chat, you can contact us:

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