



*Sharing active opportunities to grow in confidence,
learning and self-worth.*

Commissioner Information

We're delighted that you are interested in our Care Farming facilities. Our countryside provides a revitalising and safe environment for worthwhile therapy and learning. Here are some examples of what we can provide:

Activities :

- ◆ Practical, physical involvement with the animals and surrounding countryside, dependent on individual needs and preferences, very bespoke including all abilities.
- ◆ Carrying buckets, pushing wheelbarrows; protective clothing when appropriate.
- ◆ Especially involvement with donkeys, goats, turkeys, hens, quail, rabbits, guinea pigs.
- ◆ Using tools under supervision to help with woodland and scrub management.
- ◆ Help to improve biodiversity to ensure the protection and enhancement of the countryside for long lasting wildlife benefits.
- ◆ Help with aspects of our Beekeeping.
- ◆ Cooking farm-to-fork and adventures with proper recipes.
- ◆ Other quiet activities may include writing poems, drawing, painting, music.
- ◆ We like our farm-helper visitors (and their carers) to leave with a feeling of motivation and enjoyment; we're happy to adapt and plan activities to be of most relevance to an individual, so please do help advise us on specific needs.
- ◆ We eat lunch and refreshments together as a team, if possible.
- ◆ Doing jobs alongside others, helping communication.
- ◆ Feedback is important to us and helps to measure outcomes; we use widget-based scales
- ◆ for farm helpers to express their opinions at the end of the day.
- ◆ Hand washing happens regularly!



Access and facilities:

- ◆ Off the main A413 between Amersham and Aylesbury, the farm is up a long, private drive, over a railway bridge, on the western side of the Chilterns Railway line.
- ◆ Parking is easily available for cars and minibuses.
- ◆ Uneven ground/slopes not so easy for those with mobility problems.
- ◆ All Terrain Wheelchairs and a simple wheelchair available to borrow on the farm.
- ◆ Excellent toilet and hand washing including adult hoist and adjustable changing facility.
- ◆ Simple, accessible meeting room and accessible kitchen.
- ◆ Excellent wood workshop for supervised involvement and learning.
- ◆ Superb, heritage environment with outstanding atmosphere.

Policies and procedures:

- ◆ Numerous written Safety Procedures and Risk Assessments.
- ◆ We are members of Social Farms and Gardens, hold a CEVAS certification for Care Farming and are members of LEAF Education.
- ◆ Staff and key volunteers hold DBS checks, and it is our vulnerability policy not to operate on a 1:1 ratio but always in small groups.
- ◆ Both visitors and volunteers have an application procedure.
- ◆ All personal details and information will be treated strictly confidentially but we do need to keep a concise record of the involvement and progress of our visitors.
- ◆ A trial taster time on the farm is needed before finalising any agreement.

We hope this information is helpful to you.