



Festive Greetings!

What a year we have had! We are so proud of how resilient our Farm Helpers have been throughout and it is a privilege to share the farm with them, our volunteers and others who've been able to visit. We would like to extend a big heartfelt thank you to all of you who support us. Have a wonderful Christmas and we look forward to more fun at the farm in the New Year.

Farm Helpers Upskilling

Our regular Farm Helpers are mostly young men aged 15 -25 and all have been learning some wood-work skills, currently they are sanding and polishing to help Santa's elves. They've also helped create items to sell for Countryways fundraising at Buckmoorend Farm Shop and via Lindengate. Next year we'll be learning to grow a few plants as we've had a polytunnel kindly donated to us by the Bowen's Bakers at Wooburn Green.



The immaculate conception, we hope...

Morning, our beautiful Golden Guernsey goat, took a trip on the long and dusty road to a vets near Malvern for artificial insemination. She behaved impeccably and we watch this space eagerly for news of any offspring... Morning has parented five kids and she is a wonderful mum.

Tent in the Orchard

Great developments have been happening with respect to our newest offering, the 'Tent in the Orchard'. We now have a heartily warm stove installed, and an array of calming and motivational resources. We're planning to plant a few more orchard trees and hedges in the new year in the vicinity.

The tent is a dedicated flexible space within our countryside setting to especially help those affected by the Covid-19 pandemic, for example suffering stress or anxiety or feeling isolated. It's a place for quiet reflection or for families emerging from isolation to meet safely in 'The tent' and to help people feel able to step outside again.

The simple Tent in the Orchard space can be booked by individuals or family groups for various activities; from walking, reading or sketching, to more active involvement in farming tasks such as feeding animals or chopping wood. To book, or find out more, contact us via the methods below.



A safe haven in which to unwind and engage with nature.

CONTACT US ON:

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SOCIAL MEDIA LINKS:

Twitter: [@roadfarmramblin](https://twitter.com/roadfarmramblin)

Facebook: [Road Farm Ramblins](https://www.facebook.com/Road-Farm-Ramblins)

Instagram: [@countryways_road_farm](https://www.instagram.com/countryways_road_farm)

Signs of winter from around the farm



Farm Joke Time

Why did the farmer have
to separate the chicken
and the turkey?

Because there was foul
play!

What do donkeys send
out near Christmas?
Mule-tide greetings!

A word from our Countrymen

During the latest lockdown we have kept in touch with our Countrymen over the phone thanks to the tireless input of Simon and Emily. During one of our last meetings, Countrymen were busy with woodwork tasks, bird feeding and an autumn walk gathering and identifying different leaves and making colourful collages like the one shown here.

Our final festive sessions in December, one with carol singing led by Eleanor from Chiltern Music Therapy, followed by mulled apple and mince pies were a welcome change for those of us who have felt a bit hemmed in over lockdown and missed music and chatter.

We will resume our session on the 11th January 2021, Covid-permitting.



Careers Field to Farm fork Cookery Skills

Exploring the farm and careers in the countryside; where food comes from; food preparation and hygiene; learning about healthy eating, and savvy tips on shopping for food are all topics we cover in these sessions. We were thrilled to host a November group from Pebblebrook School through Action4Youth, and together made Speedy Biryani Curry, Posh Egg Wraps and Flatbreads. For some, it's the first time they've seen the animal and then the associated part of meat, or the first time they've handled a pairing knife. All essential life skills.

Feed the birds

While the hedgerows are abundant, our wild birds still need a helping hand as the frosts draw in. Road Farm is part of the Chilterns Cluster group of farmers committed to improve winter forage for farmland birds. Our Farm Helpers and some of our Countrymen have been spreading seed to supplement their diet.

During cold spells an extra supply of food and fresh water can save the lives of birds. The RSPB advises that bird cake and food bars are very good because of their high-fat content, as are unsalted peanuts. Bird seed mixtures are also high in oils.

Wishing you a healthy, safe and happy 2021

CONTACT US

If you would like to find out more about what we do and how we can help or if you'd just like to chat, you can contact us:

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