

Road Farm Countryways CIC

Road Farm, Aylesbury Road, Great Missenden, Bucks. HP16 9LS Tel: 01494 862413

We are delighted that you are interested in potentially using our Care Farming facilities. The living countryside here provides a revitalising and safe environment for worthwhile therapy and learning. Here are some examples of the activities we can provide:

Activities :

- We encourage involvement with the daily working of our farm, checking the well-being of the sheep, cattle, pigs, hens, quail and the land on which they live.
- The Farm is in the higher level of the national Environmental Stewardship Scheme, whereby we have many strategies in place to ensure the protection and enhancement of the countryside for wildlife benefits. Farm helpers can help us achieve our biodiversity requirements!
- There is shelter in our buildings, where helpers can enjoy various activities including making nesting and roosting boxes for the thriving wildlife we have here, which you will no doubt hear and see.
- Participants may wish to help with woodland and scrub management or even try a little archery with our GNAS qualified instructor in our woodland range.
- Tending our flowers and fruit may be more appealing to some, stimulating our bees to make more honey.
- Other quiet activities may include writing poems, drawing, making items from wax, on site cooking (farm to fork) and jam-making from our orchard fruits.
- We eat lunch and refreshments together as a team, if possible.
- We like our farm-helper visitors (and their carers) to leave with a feeling of motivation and enjoyment and are happy to adapt activities to be of most relevance to an individual, so please do help advise us on specific needs.
- Feedback is important to us and helps to measure outcomes; we use widget-based scales for farm helpers to express their opinions at the end of the day.

Access:

- Off the main A413 between Amersham and Aylesbury, the farm is up a long, private drive, over a railway bridge, on the western side of the Chilterns Railway line.
- Parking is easily available for cars and minibuses.
- Uneven ground/slopes not so easy for those with mobility problems.
- Toilet and hand washing facilities, but not yet accessible for those with mobility problems.
- Portable hand-washing facilities are also used dependent on the activity.

Policies and procedures:

- Safety is important to us: we have written Procedures and Risk Assessments available to agree.
- We are participating in Care Farming UK's newly launched, nationally recognised Code Of Practise for Care Farms.
- Staff hold DBS checks (currently being verified for our own business), and it is our vulnerability policy not to operate on a 1:1 ratio but always in small groups.
- Both visitors and volunteers have an application procedure.
- All personal details and information will be treated strictly confidentially but we do need to keep a concise record of the involvement and progress of our visitors.
- A trial taster time on the farm is needed before finalising any agreement.

We hope this information is helpful to you. Do contact us with any queries or to arrange a time to visit and experience for yourself.

Contact: Mrs Wendy Gray chalkdell.roadfarm@gmail.com

